## "POSSIBLE" BREAST CANCER RISK FACTORS FOR WOMEN

Breast Cancer is increasing every year among Native American Women

- · We do not know how to "prevent" breast cancer ... yet
- We do know how to find breast cancer when it is just beginning to grow and when it may be cured.

## Are increases in breast cancer due to:

Eating a high fat/high calorie diet?

diet?
"Cancer is treatable today"

Dr. Judith Kaur (Chocktaw/Cherokee)

Drinking alcohol?

Not exercising like our ancestors did?

Taking or have taken birth control pills for 6 months or more?

Taking estrogen replacement therapy (ERT)?

Not breast feeding any of their children?

"Keep that spirit up!"
Angela Russell (Crow)

\* \* \* We do not know yet, but these risk factors are currently being researched by scientists

BREAST CANCER RISK FACTORS

BREAST CANCER SYMPTOMS

AT RISK FOR BREAST CANCER

MAMMOGRAM INFORMATION

BREAST EXAM INFORMATION